

# **INRCA**

## **NATIONAL INSTITUTE OF HEALTH & SCIENCE ON AGEING ITALY**

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# What is INRCA?


**INRCA** is the Italian leading Public Institute in gerontology and geriatrics



**INRCA is classified as an IRCCS** (*Institute for Scientific Research and Care funded by Ministry of Health*) dedicated to...



... carry out an integrated and multi-disciplinary research on aging and care of the older population



... adopting different perspectives: socio-economic, clinical care and biological.

# INRCA's organization

- 4 **research hospitals** based in 3 different regions in Italy
- a **nursing home** (Appignano)
- an **Alzheimer day centre** (Ancona)
- a **scientific and technological area** dedicated to basic and applied research



# Sites in Ancona (headquarters)

## Scientific and Technologic Area



## Research Hospital



General, administrative and scientific directions, Centre for Socio-Economic Research on Ageing and Alzheimer day-care centre





# Four integrated research areas

**1. Biogerontology:** determinants of aging, longevity and age-associated diseases

**2. Clinical and epidemiological research:** prevention and treatment of frailty and focus on geriatric diseases and syndromes

**3. Aging and Medicines:** pharmacoepidemiology and drug therapy

**4. Economic and social research:** focus on comprehensive geriatric assessment to evaluate the needs of older people and their caregivers in different settings and to develop innovative care models

# INRCA- Centre for Socio-Economic Research on Ageing

## FOCUS

- interdisciplinary gerontological research
- holistic understanding of the ageing process from a demographic, social, economic and political perspective
- integration with clinical research, translational perspective

## RESOURCES

- EC, international and Italian funds
- Public and private institutes

# Research topics

**Long-term  
care**

**Prevention  
of elder  
abuse and  
neglect**

**Support to  
family  
carers of  
older  
people**

**Active  
ageing**

**New  
technologi  
es to  
support  
older  
people and  
their  
caregivers**

# Recent European projects (1)

## LONG-TERM CARE

- **ICARE4EU** - Innovating care for people with multiple chronic conditions in Europe (2013-16, EAHC programme);
- **AIDA** - Advancing Integration for a Dignified Ageing. Fostering the integration of social and health services in LTC (2012-2013, EU Progress Programme)
- **EURHOMAP** - Mapping professional home care in Europe (2007-10, EAHC programme)

## PREVENTION OF ELDER ABUSE AND NEGLECT

- **ABUEL** – Elder Abuse: A multinational prevalence survey (2008-2010, EAHC);
- **Ri-Generiamoci** - Intergenerational solidarity in the field of elder care (2012-13, INRCA).



# Recent European projects (2)

## SUPPORT TO FAMILY OF OLDER PEOPLE

- **Management of urinary incontinence in the elderly** (2015-2016, SCA Hygiene Products);
- **Carers@work** - Reconciliation of employment and eldercare - Strategies for sustainable potential of care and productivity in ageing societies: a European comparison, (2010-2011, Volkswagen Foundation)
- **Quality of life in caregivers of dependent people affected by incontinence in Europe** (2010-2011, SCA Hygiene Products );
- **EUROFAMCARE** - Services for supporting family carers of elderly people in Europe: characteristics, coverage and usage (2003-2007, EC FP5)

# Recent European projects (3)

## ACTIVE AGEING

- **Be the Change** - Boosting entrepreneurship through intergenerational exchange (2016-18, Erasmus+);
- **Senior Social entrepreneuring** - Senior Social Entrepreneuring, Building capacity among seniors to serve as social change brokers in communities (2016-18, Erasmus+);
- **MOPACT** – Mobilising the potential of active ageing in Europe (2013-2016, EC FP7);
- **EWL** - Extending Working Lives – (2014-17, ESRC);
- **Active longevity in rural settings** (2014-16, Marche Region)
- **My Mind: the effects of cognitive training for elderly** (2012-15, Italian MoH);
- **ASPA** - Activating Senior Potential in an Ageing Europe (2008-2011, EC FP7).

# Recent European projects (4)

## NEW TECHNOLOGIES FOR OLDER PEOPLE AND CAREGIVERS

- **A4C** - Apps for Carers (2016-18, Erasmus+);
- **INNOVAGE** - Social Innovations Promoting Active and Healthy Ageing (2012-2015), funded by the EU, FP7 (task for INRCA: web platform for internet services supporting carergivers, in collaboration with Eurocarers)
- **CARICT-PUBL** - Publishing and maintaining directory of ICT-enabled services to support carers (2012-14, IPTS)
- **CARICT** - ICT based solutions for caregivers: Assessing their impact on the sustainability of long-term care in an ageing Europe (2010-2011), funded by Directorate General for Information Society and Media (DG INFSO)

## OTHER INITIATIVES

- Participation to development of guidelines for research on aging at European level (**Road Map for Future Ageing Research**)
- Design and coordination of the organisation of the first edition of the **International Summer School on Ageing (ISSA)**, in collaboration with the University of British Columbia (Canada) and Lund (Sweden).
- Organization of an **International Conference on Active Ageing** (2013).

## INTERNATIONAL CONTACTS

- INRCA has established longstanding contacts with older people's and users' organizations at a national and European level, such as **Eurocarers, AGE, Alzheimer Europe, European Associations for the Rights of Ill Persons**

# ***A4C - Apps for Carers at INRCA***

For the **A4C - Apps for Carers** project, INRCA will be involved through part of the research team belonging to its “***Centre of Socio-Economic Research on Ageing***”, represented by:

**Dr. Giovanni Lamura**

Head of the Centre, gerontologist  
and socio-economist

**Dr. Roberta Papa**

Project manager, statistician

**Dr. Flavia Piccinini**

Psychologist, research assistant

**Dr. Giulia Onorati**

Sociologist, research assistant



**Thank you for your attention!!!**

